

Talk to a doctor  
**anytime**



Hable con  
un médico  
en cualquier  
momento

Teladoc® gives you 24/7/365 access to U.S. board-certified doctors through the convenience of web, phone or app. Get the care you need in minutes from the comfort of home, at work or while traveling. It's an affordable alternative to costly urgent care and ER visits when you need care now.

#### QUALIFIED DOCTORS

All Teladoc doctors are U.S. board-certified, state-licensed and average 20 years of practice experience.

#### GET THE CARE YOU NEED

Treatment for many non-emergency medical conditions, including cold and flu symptoms, allergies, sinus problems, skin problems and more!

#### WHEN CAN I USE TELADOC?

- From home, at work or on the road
- When you need care now
- If you're considering the ER or urgent care for a non-emergency issue
- For short-term prescription refills

Teladoc® le da acceso a médicos especialistas certificados en Estados Unidos las 24 horas, 7 días a la semana todos los días del año donde quiera que se encuentre. Es una alternativa accesible comparada con las salas de emergencia y las clínicas de atención de urgencias que son costosas cuando la atención que necesita es inmediata.

#### MÉDICOS CERTIFICADOS

Todos los médicos de Teladoc son médicos especialistas certificados en Estados Unidos con licencia en sus estados y un promedio de 20 años de experiencia práctica.

#### OBTENGA LA ATENCIÓN MÉDICA QUE NECESITA

Tratamientos para muchas afecciones que no sean de urgencia incluyendo síntomas de resfriado y gripe, alergias, problemas en los senos paranasales, problemas de piel ¡y más!

#### ¿CUÁNDO PUEDO UTILIZAR EL SERVICIO TELADOC?

- Desde su casa, su trabajo o estando en la calle
- Cuando usted necesite atención inmediata
- Si usted está considerando ir a la sala de emergencia o a la clínica de atención de urgencia por un problema que no es urgente
- Para la reposición de recetas a corto plazo

Talk to a doctor anytime for **free!**  
¡Hable con un médico en cualquier momento por **gratis!**

 Teladoc.com

 1-800-TELADOC (835-2362)


Available on the iPhone  


GET IT ON  

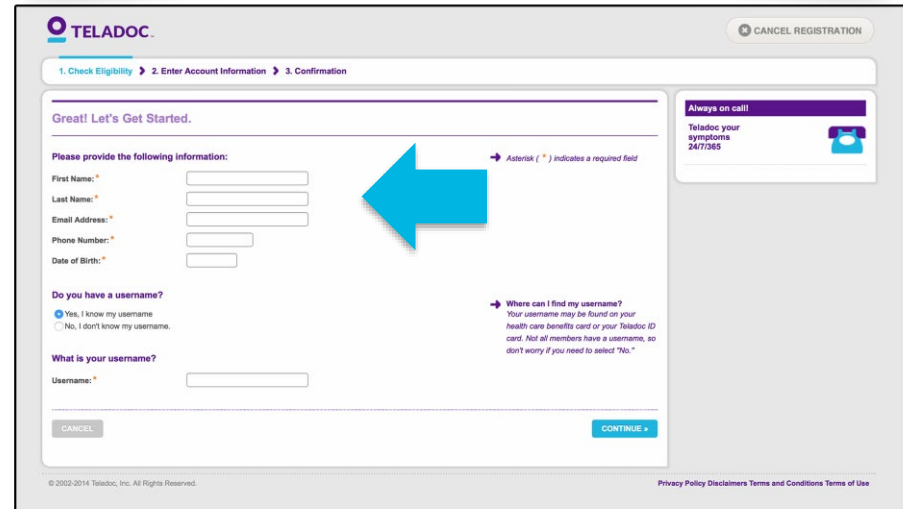

# Getting started

It's quick and easy to set up your account.  
And once your account is set up, a doctor is only a call or click away.

1. Visit [teladoc.com](http://teladoc.com)
2. Click “Set up account”
3. Provide your name, contact information, and date of birth.
4. If you do not see a username on your welcome kit (or you do not have access to it), choose “No, I do not have a username.”
5. Select “My employer or insurance provider offers me access to Teladoc.”
6. Enter “Galena Park I.S.D..” in the “Company Name” field.
7. Complete the registration steps.
8. You can also complete your registration over the phone by calling 1-800-TELADOC (835-2362).
9. Employees on the TRS ActiveCare HD plan and those who waive medical coverage, notify the representative that you have access to consult through the Galena Park I.S.D. Plan. Employees on TRS ActiveCare Primary, TRS ActiveCare Primary+ and TRS ActiveCare2 plans have access to consult through the TRS Plan.



The screenshot shows the Teladoc homepage. At the top right, there are navigation links for Home, News, Blog, and Client login, along with a search bar. Below the navigation is a main banner with the text "24/7 access to U.S. board-certified doctors & pediatricians" and a "Learn more" button. To the right of the banner is a "Login / Set Up Account" panel. In this panel, the "I WANT TO:" dropdown is set to "Talk to a doctor". Below this are fields for "USERNAME:" and "PASSWORD:". There are buttons for "Forgot password", "Log into Teladoc", and "Set up account". A blue arrow points to the "Set up account" button. Below the banner are three smaller sections: "24/7 access to a doctor via phone and online video consultations", "Telehealth for organizations", and "Teladoc acquires AmeriDoc". At the bottom, there is a footer with copyright information and various links.



The screenshot shows the Teladoc registration form, specifically the "Enter Account Information" step. The form is titled "Great! Let's Get Started." and includes a progress indicator at the top: "1. Check Eligibility > 2. Enter Account Information > 3. Confirmation". The form asks for the following information: First Name, Last Name, Email Address, Phone Number, and Date of Birth. Below this, it asks "Do you have a username?" with two radio button options: "Yes, I know my username" (selected) and "No, I don't know my username." There is a "Where can I find my username?" link. Below the radio buttons is a "Username:" field. At the bottom of the form are "CANCEL" and "CONTINUE" buttons. A blue arrow points to the "Do you have a username?" section. On the right side of the form, there is a "Always on call" button and a "Teladoc your symptoms 24/7/365" button. At the bottom, there is a footer with copyright information and a link to "Privacy Policy Disclaimers Terms and Conditions Terms of Use".